

The background is a light pink color with a pattern of small white and pink dots. Scattered throughout are several hearts of different colors: pink, yellow, orange, purple, blue, and green. A central white rectangular box with a dark brown border and a scalloped pink edge contains the text.

February News Letter

Valley Comfort 2026



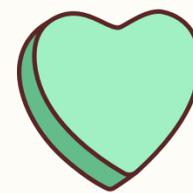
This month's overview:

This month was full of celebration! The residents participated in fun Valentine's Day arts and crafts, Chinese New Year celebrations, and Super Bowl pizza parties. Along with these celebrations, the residents went out on a few excursions. So, this month we would like to highlight the importance of social activities outside the carehome!

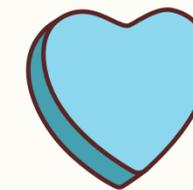




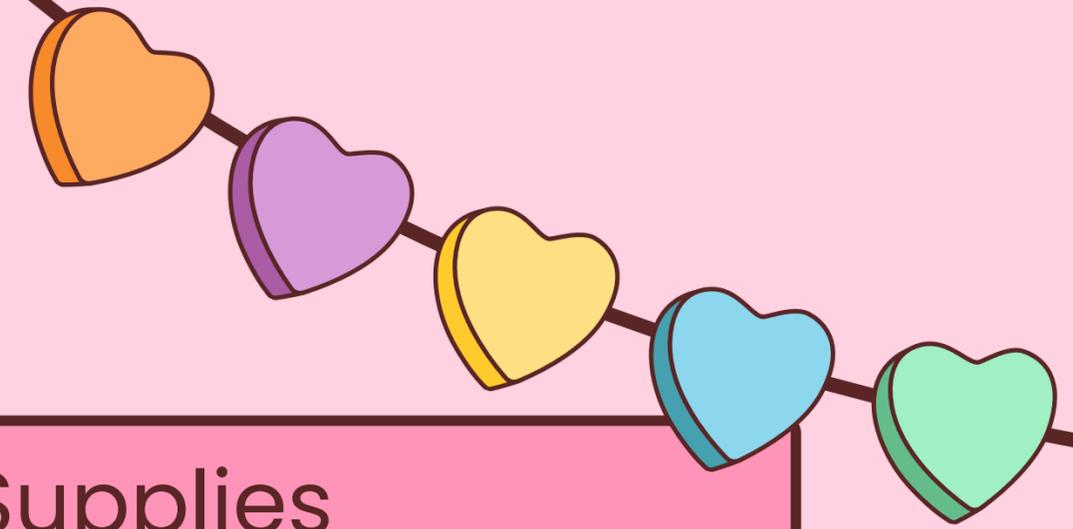
Holo Holo!



Social activities outside of the care home play an important role in supporting residents' well-being and sense of connection to the community. These experiences often spark memories of meaningful moments from residents' pasts, giving them opportunities to reflect on their lives and share stories with caregivers and fellow residents. Reminiscing about past experiences not only strengthens relationships but also helps residents feel valued and understood, reminding everyone that their life stories and memories remain an important part of who they are.



Today's Art Project



Valentine's Day Cards

Today we will be creating Valentine's Day cards for our friends and family.

First, cut out shapes or use ink stamps for your cards. You will then glue those shapes onto your cards.

Use your imagination to find fun and creative ways to use the supplies. We will let the art pieces dry overnight and you can take them home on Friday.

Supplies

- Stamps
- Glue
- Construction paper
- String
- Scissors
- Ink pads
- Markers



More of this month!

